

**Family Life Series**  
**Part 8- Love and Respect**  
**1 Peter 3 | Ephesians 4 | 1 Corinthians 13**

A recent book I read entitled, “Love and Respect” unpacked the Biblical mandate that husbands are to love their wives and wives are to respect their husbands. His premise is that marriage functions best when husbands and wives follow God’s mandate (big surprise☺). He then introduces this concept of the “crazy cycle” which begins when husbands stop loving their wives and in response wives withhold respect from their husbands (or vice versa) and the “crazy cycle” begins! Today I would like to give some biblical, practical counsel to husbands and wives that will improve your marriage, bring God greater glory and keep you out of the crazy cycle!

**Love is a** \_\_\_\_\_ **(1 Corinthians 13:4-13)**

*God **demonstrates** his own love towards us in that while we were still sinners Christ died for us!* (Romans 5:8)

- |                                 |                                    |
|---------------------------------|------------------------------------|
| + Love IS patience (long fused) | NOT anger                          |
| + Love IS joy                   | NOT jealousy, envy and selfishness |
| + Love IS humility              | NOT arrogance                      |
| + Love IS dignity               | NOT rudeness                       |
| + Love IS truth and grace       | NOT guilt and condemnation         |

**Love is** \_\_\_\_\_ **(1 Peter 3:8)**

*Jesus **increased** in **wisdom** and **stature** and in **favor** with God and men.* (Luke 2:52)

- + Words of Affirmation
- + Quality Time
- + Receiving and Giving Gifts
- + Acts of Service
- + Physical Touch

\*5 Love Languages by Gary Smalley

**Respect is a** \_\_\_\_\_ **(1 Peter 3:1-7)**

*“Then He (Jesus) went down with them and came to Nazareth, and was **subject** to them...”* (Luke 2:51)

*She observed that I needed her to respect me, to believe in me, and to listen to my hopes and dreams...She would often tell me, “I am proud of you, and I am glad to be part of your team. It is going to be exciting to see what God will do with us in the days ahead.” The way she looked up to me gave me confidence-I was a student who had never really accomplished anything up to that point-and empowered me to take risks professionally and to reach for the sky. She was meeting a critical need for me. I was then motivated to give Shirley what she needed from me (page 15-16, Marriage Under Fire by Dr. James Dobson).*

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